## Wearing masks is optional at the Durham Alano Club.

The Durham Alano Club is open for in person meetings. The following groups are having in person meetings:

- On Awakening 7 days a week: M-F at 7am, Saturday at 9am, Sunday at 8:30am
- Turning Point Monday-Saturday: Closed Meeting, 6 days a week, 12-1pm
- Freedom From Bondage: Open Meeting, 7 days a week at 6:30pm
- Serenity for Today, Al-Anon: Saturday's at 5pm
- North Durham Alateen: Saturday's at 5pm
- Durham Young People's Group, Opening Meeting, Saturday's at 8pm, Wednesdays at 8pm
- Just for Today, Alanon: Thursday's at 6:30pm
- Crutchfield Group: Closed Meeting on Friday's at 8pm (Newcomers Mtg) and Open Meeting Speaker Meeting on Sundays at 10am
- Sisters in Sobriety Women's Meeting: Closed Meeting on Sundays at 4pm

See below for current information about which groups are meeting in person and/or online.

For information about all meetings in the area and online meetings around the US, visit AA NC32.

## Updated 2/1/2024

AA Meetings	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Meeting Codes
								CD: closed discussion
Crutchfield Group	10am OS (HYBRID)					8pm CD, Newcomers (HYBRID)	12 noon BB <mark>(online</mark> only)	OD: open discussion OS: open speaker CS: closed speaker BB: Book Discussion-
Durham Young People				8:00 pm OD/BB			8:00 pm OS/OD <b>(Hybrid)</b>	Alcoholics Anonymous SS: Step Study NC: Newcomers'
Freedom From Bondage	6:30 pm OD (In Person and ONLINE)	6:30 pm OD/NC (In Person and ONLINE)	6:30 pm OD/BB SS (In Person and ONLINE)	6:30 pm OD (In Person and ONLINE)	6:30 pm OD (In Person and ONLINE)	6:30 pm OD (In Person and ONLINE)	6:30 pm OD (In Person and ONLINE)	Meeting M: Mens' meeting W: Women's Meeting CM: Couples Meeting The Durham Alano
On Awakening	8:30 am CD (In Person and ONLINE)	7:00 am CD ((In Person and ONLINE)	7:00 am CD (In Person and ONLINE)	7:00 am CD (In Person and ONLINE)	7:00 am CD (In Person and ONLINE)	7:00 am CD (In Person and ONLINE)	9:00 am CD (In Person and ONLINE)	Club is a non-smoking facility and campus. Please respect our policy and our neighbors by not smoking inside or
Sisters in Sobriety (W)	4:00 pm CD							outside the club or on the grounds. Thank you!
The Turning Point		12:00 pm CD (In Person)	12:00 pm CD (In Person)	12:00 pm CD (In Person)	12:00 pm CD (In Person)	12:00 pm CD (In Person)	12:00 pm CD (In Person)	No fumar. Gracias!
Al-Anon Meeting								
Serenity for Today AFG							5:00 pm CD (In Person and ONLINE)	

North Durham Alateen						5:00 pm CD	
Just for Today AFG				6:30 pm (ONLINE)			
En Español/ Spanish							
Fortaleza Y Esperanza	8:00- 10:00pm CD		8:00- 10:00pm CD		8:00- 10:00pm CD		
El Lenguaje Del Corazón		7:45-10:00pm		8:00-10:00pm			
		CD		CD			

Visit <u>Meetings – NC District 32 Meetings (server299.com)</u> to look up Zoom information for the meetings listed above.